



The results for the 2004 The Lindamood Cup are in!
 The Harmar Rowing Club thanks all participating teams for a fine day of
 great competition!
 Look for the 2005 Lindamood to be on the third Saturday in April.



The Marietta High School Lindamood Cup Regatta was officially named in 1990 to honor the founder of high school level rowing in Marietta, Coach Ralph Lindamood. The regatta tradition in Marietta is much older, dating into the seventies. It has become a springtime tradition in Marietta to look for the many visiting crew teams rowing up and down our section of the Ohio and Muskingum Rivers. Although ours is not a USRA sanctioned event, we consistently provide USRA trained officials and abide by scholastic racing regulations for our regatta. Our own specially designed medals are awarded to crew members placing first, second and third.

This page was last updated on: April 18, 2004

how to enter

Where to Find Us

tentative schedule

Places to stay



Individual gold, silver, bronze



Awards

First, Second, and Third place shells earn specially designed medals for each oars person and coxswain.

Separate trophies will be awarded to the Men's and Women's team earning the most points.

The Lindamood Cup Winner is the team that accumulates the most points over all.

Lindamood Cup Guidelines

Course: The Muskingum River course is 5 lanes wide and 1500 meters long.

Course: The Maskingum River course is 9 lanes wide and 1000 meters long.

Entries: Entries must be in the hands of George Broughton, Regatta Chairman, before the draw on Wednesday, April 14, 2004. There will be no post entries. At least three (3) entries must be received to constitute a race.

Definitions:

A Freshman Oars Person must be a freshman in high school.

A Junior Oars Person must be a freshman, sophomore, or junior in high school.

A Novice Oars Person is in his/her first year of high school rowing.

Men's lightweight rower limit is 155 pounds maximum.

Women's lightweight rower limit is 130 pounds maximum.

An oars person may be entered in **no more than two** events (coxswain excluded).

About B Boats:

B boat entries will be accepted in events only if they do not create an extra heat.

B Boat entries medal but no points will be awarded toward the Lindamood Cup.

B boats will be placed in the order we receive them.

Races will not be delayed for equipment changes.

Scoring Matrix

Type of Shell	<i>points awarded for place finish</i>					
	entries	1st	2nd	3rd	4th	5th
Fours	2	20	4	--	--	--
Fours	3	20	8	4	--	--
Fours	4	20	12	6	1	--

Fours	5	20	16	8	2	1
Eights	2	30	6	--	--	--
Eights	3	30	12	6	--	--
Eights	4	30	18	9	2	--
Eights	5	30	24	12	3	2

Coxswains' meeting:
Friday: 2:00 p.m.
Saturday: 8:20 a.m.

We will gladly mention your team over our public address system. [E-mail](#) us some info to be used this way and/or in our printed program. Include info about the team, school, coaches, successes. We'll use it.

Heats

It is likely that all races will have heats.

Any necessary heats will be rowed on Friday, from 3:00 p.m. to dark. Assume that all races will have heats, so please be available for Friday's 2:00 p.m. coxswains' meeting.

Heats not completed on Friday will be rowed Saturday beginning at 7:00 a.m.

All finals will be rowed Saturday beginning at 9:00 a.m.

Coaches:

Races will not be postponed for equipment changes. Please keep this in mind when planning your entries.

Tentative Saturday Race Schedule

The first boat leaves the dock at 8:20 a.m.

9:00 Men's Freshman Eight
9:15 Women's Novice Eight
9:30 Men's Varsity Four
9:45 Women's Junior Four

Weigh-Ins

The scales will be open two hours before heats begin on Friday and from 6:00 a.m. to 9:00 a.m. on Saturday morning.

Only lightweight oars persons weigh in.
Coxswains need not weigh in.

All members of the boat must be present and accompanied by a coach or team representative upon weigh-in.

Only one boat will be allowed in the weigh-in area at a time.

Even though a person may have already made weight, he/she must accompany other members of the boat to the weigh-in.

Men's lightweight Max: 155 lbs
Women's lightweight max: 130 lbs

9:15 Women's Junior Four
10:00 Men's Novice Eight
10:15 Women's Freshman 8
10:30 Men's Junior Four
10:45 Men's Lightweight 8
11:00 Women's Varsity Four
11:15 Women's Lightweight 8
11:30 Women's Novice 4

11:45 Break

12:15 Men's Junior Eight
12:30 Men's Novice Four
12:45 Women's Junior Eight
1:00 Women's Lightweight 4
1:15 Men's Lightweight 4
1:30 Women's Varsity 8
1:45 Men's Varsity 8

Awards Ceremony will be held upon completion of the final race of the day

Entries

These items are required in order for entries to be accepted:

- 1) An entry form signed **by the coach**.
- 2) An eligibility list certifying rowers' **academic eligibility** and **age**.
The list must be typed on a form sanctioned by your state **OR** on your high school stationery. Handwritten or other forms are not acceptable.
- 3) Rowing release and waiver of liability form for each rower.
- 4) Entry fees.

Entry Forms should be sent to:**Harmar Rowing Club****Attention: George Broughton****639 State Route 821****Marietta, OH 45750****Telephone: (740) 374-9396 (8am to 5pm)****Fax: 740-374-9924****E-mail George at george@qwhsales.com****for more information or to obtain an entry packet.**

*Forms must be in the hands of Regatta
Chairman, George Broughton, before the draw
on Wednesday, April 14, 2004.*

Entry Fees

Eights....\$40.00

Fours...\$30.00

Maximum Entry
Fees....\$350.00

Registration and Liability Waiver Forms (below) are required for entry.
Each participant must have a signed waiver form.
To print: right click on image to "print picture."
You may want to enlarge the copy to make it easier to fill out.

ROWING RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT (" AGREEMENT")

IN CONSIDERATION of being given the opportunity to participate in any way in any Harmar Rowing Club ("Club") activities ("Activity") until the end of this calendar year, I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Rowing Activities, both on water and land based, and that I am qualified, in good health, and in proper physical condition to participate in such Activity;
2. FULLY UNDERSTAND that: (a) ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis, and death ("Risks"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Releases named below; (c) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL

RESPONSIBILITIES FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity;

3. AGREE AND WARRANT that I will examine and inspect each Activity in which I take part and that, if I observe and condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the activity until the condition has been corrected to my satisfaction;
4. HEREBY RELEASE, discharge, and covenant not to sue Marietta High School and the CLUB, their administrators, directors, agents, officers, volunteers, and employees, other participants, regatta organizers, any sponsor, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the Releases herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releases or otherwise, including negligent rescue operations; and further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the releases from any litigation expenses, attorney fees, loss, liability, damages, or costs which may incur -88 the result of such claim.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurances of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent and allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall be in full force and effect.

PRINTED NAME OF PARTICIPANT: _____

ADDRESS: _____

PHONE: _____ DATE: _____

PARTICIPANT'S SIGNATURE: _____

(only if age 18 or over)

PARENTAL CONSENT

AND I, the minor's parent and/or guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SA YE AND HOLD HARMLESS each of the releases from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the Releases or otherwise, including negligent rescue operations, and further agree that if, despite the release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above releases, I WILL INDEMNIFY, SA YE, AND HOLD HARMLESS each of the Releases from any litigation expenses, attorney fees, loss liability, damage, or cost of any may incur as the result of such claim.

PRINTED NAME OF PARTICIPANT: ADDRESS: _____
 PHONE: _____
 PARENT'S SIGNATURE: _____

Marietta Invitational Rowing Regatta

Lindamood Cup Entry Form



Name of Event	Name of High School
Coach's Name _____	Spare _____
City/State/Zip _____	Spare _____
Bow _____	Spare _____
2 _____	Spare _____
3 _____	
4 _____	

- * The number of spares cannot exceed one-half of the number of oarsmen in the event.
- * A spare coxswain is allowed in addition to a spare oarsman.
- * In novice events the coxswain may be experienced.
- * There is a maximum of two events per rower.

5 _____

6 _____

7 _____

Stroke _____

Coxswain _____

AN ELIGIBILITY LIST, SIGNED BY THE PRINCIPAL MUST
BE SUBMITTED WITH YOUR ENTRIES.

Coach's Signature _____

Date _____

Coach's Phone # _____ / _____
Daytime Evening

- * Coaches, do not attempt to schedule rowers in events less than one hour apart
- * B boat entries will be accepted in events only if they do not create an extra heat event.
- * B boat entries will be placed in the order we receive
- * Please bring enough equipment to cover your entries races will not held up for equipment changes.

2004 Lindamood Cup

Participants:

Grosse Ile High School (GI)
 Marietta High School (MAR)
 North Catholic High School (NC)
 Oakland Catholic High School (OC)
 Parkersburg High School (PHS)
 Parkersburg South High School (PSHS)
 Riverview Community High School ((RV)
 St. Ignatius High School (STI)
 St. Mary's Preparatory School (STM)

Congratulations Marietta High School 2004 Winners of the Lindamood Cup!

2004 Combined Team point totals

Marietta High School	264
St. Ignatius High School	210
St. Mary's Preparatory School	81
Grosse Ile High School	
79	
Parkersburg High School	68
Oakland Catholic High School	
63	
Parkersburg South High School	44
Riverview High School	
34	
North Catholic High School	12

**Congratulations
Marietta High School
Women !**

**Congratulations
St. Ignatius High School
Men !**

2004 Women's Team points total

Marietta High School	202
Parkersburg High School	67
Oakland Catholic High School	63
Grosse Ile High School	56
Riverview High School	17
North Catholic High School	6

2003 Men's Team points total

St. Ignatius High School	202
St. Mary's Preparatory School	81
Marietta High School	62
Parkersburg South High School	38
Grosse Ile High School	23
Riverview High School	17
North Catholic High School	6
Parkersburg High School	1

The Harmar Rowing Club extends a warm *thanks* to all the
participating teams for a fine and friendly competition.

We look forward to next year

Parkersburg South High School We look forward to next year.

Saturday, April 17, 2004 Event Results

[scoring matrix](#)

FINALS EVENT SCHEDULE

Saturday 17-Apr-04

Lane #1 is closest to the boathouse shore

EVENT NO.	EVENT NAME	EVENT TIME	LANE ASSIGNMENTS					
			5	4	3	2	1	
1	MF8	9:00		GI (3) 4:35:92	STI(1) 4:17:02	MHS(2) 4:18:25		
2	WN8	9:15		RV(3) 5:10:95	MHS(1) 4:45:31	PHS(2) 5:04:13		
3	MV4	9:30		PHS(4) 4:58:83	MHS(2) 4:32:23	PSHS(1) 4:30:75	STM(3) 4:32:72	
4	WJ4	11:00		MHS(1) 5:21:55	PHS(4) 6:27:35	PSHS(3) 5:49:78	OC(2) 5:35:98	
5	MN8	10:00		RV(4) 5:28:35	STI(1) 4:24:85	MHS(2) 4:50:07	GI(3) 5:16:01	
5 B	MN8	10:15			STI-B(1) 4:25:11	MHS-B(2) 4:29:46		
6	WF8	10:30		RV(4) 5:05:89	PHS(2) 4:43:85	OC(3) 4:52:32	MHS(1) 4:40:25	
7	MJ4	10:45		MHS(4)	STI(1)	STM(2)	GI(3)	

7	MLt4	10:45		MHS(4) 5:07:26	ST I(1) 4:50:06	STM(2) 4:57:99	GI(3) 5:02:28
8	MLt8	11:15		RV(4) 4:41:37	ST I-A(1) 4:22:21	ST M(2) 4:32:24	MHS(3) 4:35:27
9	WV4	11:30		RV(3) 5:12:30	OC-A(1) 4:49:57	GI-A(2) 4:58:78	OC-B(4) 5:44:53
10	WLt8	11:45		PHS(2) 5:04:90	OC(3) 5:17:12	MHS(1) 4:51:58	
11	WN4	12:00		PHS(2) 5:34:51	MHS(1) 5:26:98	RV(4) 5:48:08	GI(3) 5:37:05
12	MJ8	12:15	ST I-A(1) 4:15:74	RV(3) 4:23:81	MHS(4) 4:31:63	GI(5) 4:41:52	STM(2) 4:23:29
12 B	MJ8	12:30		STM-B(2) 5:01:03	RV-B(3) 5:06:86	ST I-B(1) 4:54:21	
13	MN4	12:45		STI-B(2) 5:21:71	MHS(3) 5:40:61	STI-A(1) 5:09:91	RV(4)
				6:14:99			
14	WJ8	1:00		PHS(2) 5:31:39	OC(3) 5:42:11	MHS(1) 5:20:58	
15	WLt4	1:30		OC(4) 5:07:93	MHS(2) 4:37:44	GI(1) 4:35:66	NC(3) 4:41:03
16	MLt4	1:45		MHS(4) 5:14:23	ST M(2) 5:04:31	ST I(1) 4:57:08	NC(3)
				5:13:62			
16 B	MLt4	2:00		ST I-C(2)	STI-B(1)	STM-B(3)	NC-B

(4)				4:49:48	4:44:02	4:52:35	5:12:58
	17	WV8	2:15	OC(3)	RV(4)	GI(2)	MHS
(1)				5:11:33	5:21:06	4:55:41	
			4:52:98				
	18	MV8	2:30	PSHS(2)	ST I-A(1)	ST M(3)	ST I-B
(4)				4:02:20	3:59:81	4:08:58	
			4:18:42				