Your USRowing Midwestern Region Reps: Kelly Blazek - Cleveland 216/371-4747 kablazek@hahnlaw.com or fortune5@nls.net Don Langford - Chicago 630/665-8993 dlangford@dlbuntrock.com

Print this Electronic Newsletter to Share with Your Club!

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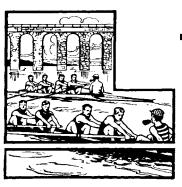
MWHosts NCAA

Women's Championships USRowing and Indiana University will co-host the NCAA Championships May 31-June 2 at Eagle Creek Park in Indianapolis. Division II and III schools will have separate championship events for the first time this year. The Division I Championships will consist of 12 schools selected to compete in the varsity 8, the second varsity 8 and the 4. Tickets for the 2002 NCAA event are avail-

able through the IU Athletics Ticket Office at 866/IUSPORTS or visiting iuhoosiers.com. Three-day passes and single session tickets are available.



USRowing Midwest Field Rep Glenn Merry (317) 298-7458 E-mail: gtmerry@aol.com



The Heat Sheet!

Rowing News from the Midwest Region's 13 States

Volume 4 Issue 1 - April 2002

USRowing Collegiate Honor Roll Named: Congrats to MW Students

Eight men and nine women earned 2001 USRowing Collegiate Honor Roll First Team accolades, while eight women were named to the 2001 USRowing Collegiate Honor Roll Second Team.

The USRowing Collegiate Honor Roll recognizes student-athletes who have excelled in both academics and rowing, as well as participated in extra curricular activities. Applicants must be USRowing members, have rowed or coxed in a men's or women's priority open or lightweight boat that raced at a league championship, have completed four semesters or six quarters of academic work, and have earned a minimum 3.2 cumulative grade point average on a 4.0 scale. Our Midwest honorees are featured below:

WOMEN'S FIRST TEAM

Krista Buzzell - Fenton, MI

attends Michigan State University Rebecca Luckett – Columbus, OH attends University of Notre Dame WOMEN'S SECOND TEAM

Katherine Griswold – Shaker Heights, OH attends Princeton University Rachel Miller – Meeteetse, WY attends Michigan State University Sarah Rogers – Newton, KS attends Wichita State University Ashlee Warren – Gibsonburg, Ohio attends University of Notre Dame MEN'S FIRST TEAM

John Damen – Cincinnati, OH attends University of Cincinnati Michael Johnson – Moore, OK attends Oklahoma City University

2002 Collegiate Honor Roll applications are available from USRowing, call 1-800-314-4769 or download an application at usrowing.org. Applications must be postmarked by Monday, June 17, 2002.

UM's Ford Named Jr. National Team Asst. Coach

Emily Ford, assistant coach at the University of Michigan, has been selected as an assistant coach to the 2002 Junior National Women's Team. Head Coach Robbie Tenenbaum, who currently serves as a women's varsity assistant coach at The Ohio State University, named Ford and Oregon Rowing Unlimited coach Nick Haley to the coaching staff; they three will select the junior women's team that will compete at the 2002 FISA Junior World Rowing Championships this August in Trakai, Lithuania.

Contact List for Midwest Referees

(F means fully licensed, A means Assistant Referee)

			-	
First Name	Last Name	Location	<u>Status</u>	<u>E-mail Address</u>
Curt	Alden	Reno, OH	Α	calden@frognet.net
Robert	Appleyard	Lombard, IL	F	bapple@ix.netcom.com
Richard	Arnest	Cincinnati, OH	Α	rarnest@fuse.net
Roger	Bailey	Columbus, OH	Α	rbailey313@aol.com
Kirsten	Buttler	Cincinnati, OH	Α	buttler.k@pg.com
Helen	Davis	Columbus, OH	Α	hdavis@columbus.rr.com
Terrence	Donohue	Omaha, NE	F	tmmap@uswest.net
Miles	Durfey	Columbus, OH	F	mdurfey@columbus.rr.com
Robert	Espeseth	Champaign, IL	F	respeset@uiuc.edu
Richard	Essex	Zionsville, IN	Α	ressex@in-motion.net
Elisabeth	Farwell	Libertyville, IL	F	eofarwell@aol.com
John	Farwell	Libertyville, IL	F	eofarwell@aol.com
Roger	Frederick	Waterloo, IA	J	refrederick@home.com
Peggy	Friel	Springfield, IL	Α	217.787.3269
Terese	Friel	St. Louis, MO	Α	TLFRIEL@yahoo.com
Steve	Frushour	Bowling Grn. OH	Α	sfrushourusa@netscape.net
Edwin (Fritz)	Gehring	Toledo, OH	Α	gehr5360@aol.com
Peter	Hamma	Geneseo, KS	F	phamma@mfsb.com
Robert	Hart	Plymouth, MN	F	bobhart@mindspring.com
Gordon	Hopman	Troy, MI	F	rookie24@msn.com
Jay	lves	Topeka, KS	F	jayi@dcskc.com
Michael	Kneafsey	Tulsa, OK	A	kneafseym@swbell.net
James	Lamal	Madison, WI	A	jconl@hotmail.com
Eric	Lang	Oklahoma City	F	oelang@earthlink.net
Don	Langford	Wheaton, IL	F	dlangford@dlbuntrock.com
Larry	Lokuta	Livonia, MI	F	llokutaj@aol.com
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Philip	Lundquist	Bloomington, MN	-	pmlundquis@aol.com
David	Lynch	Des Moines, IA	F	adlynch@qwest.net
Julia	Martinusen	Des Moines, IA	A	jmartinu@mdp.com
Howard	Meisner	Cincinnati, OH	A	hmeisner@acm.org
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Mark	Schuster	Columbus, OH	A	markschuster@compuserve.com
Vicci	Simpkins	Cleveland, OH	A _	VSSIMP@cs.com
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Beverly	Wall	Grand Rapids, MI	Α	berwall@aol.com
Robert	Walton	Cleveland, OH	F	walton3626@aol.com
Guy	Weaser	Culver, IN	Α	weaserg@culver.org
John	Welchli	Detroit, MI	F	oldmanofthesea@ameritech.net
Peter	Zandbergen	Omaha, NE	F	pzandbergen@fnni.com



Whether you're looking to scull for the first time ever, or have been rowing for decades, there are many camp and training opportunities for all age ranges of rowers. Getting a "fresh eyeball" on your technique--and a video to take home with you-can augment your club's existing coaching efforts. We've compiled some great programs sure to result in new friends, good times and faster rowing!

Sculling Camps

All-American Rowing Camp holds its second Masters Sculling Camp June 28-30 in Bloomington on the campus of Indiana University. Coaches include six-time Olympian Jim Dietz, Mark Wilson, Greg Kruczynski and Robert McCracken. Weekend includes technique, drills, rigging advice, nutrition and strength training; six rowing and video review sessions, discussion about racing, training, nutrition, and a weight room session with IU's strength coach. All meals are provided except Saturday dinner. Campers are encouraged to bring their 1x for proper fitting and rigging; however, Vespoli Matrix 1x's will be available as well. Cost is \$325 for the weekend; lodging has been blocked at a local hotel. Contact Mark Wilson at 812-856-4485; send an e-mail at wilsonmr@indiana.edu, or visit www.allamericanrowingcamp.com

Craftsbury Sculling Center in Craftsbury, Vermont offers week-long (\$780 to \$880), weekend (\$455 to \$520) and autumn extended weekends (\$570). Week-long and weekend programs begin mid-May, and run through mid-September. Lodging, meals and instruction are all included in their price--as well as a trip to Ben & Jerry's Ice Cream Factory and Concept II's headquarters! Steve Wagner, Ric Ricci, and Marlene Royle are the staff at Craftsbury; many additional Guest Coaches teach during the summer. Call **1-800-729-7751** or visit their website at **www.craftsbury.com**.

Sweep and Sculling Camps

Brock Sculling Centre in St. Catharines, Canada offers two-day weekend sculling camps for an intensive overview of all aspects of sculling. <u>Sweep coaching</u> is available for groups of 4 or more. The cost for the camps are \$275 per weekend session and the dates are:

May 25-26 June 8-9 June 22-23 July 6-7 Aug 17-18

The weekend rate of \$275 (Canadian) includes instruction from Joe Dowd, head coach of Brock University along with other elite scullers and top coaches. Dowd has been a provincial and national team sculling coach. Camp also includes use of a shell, a Tshirt, continental breakfast and a video. New this year, for clubs who have a large number of rowers attending our camps, Brock Rowing Camp can come to you, providing an opportunity to promote your club and potentially attract new members, while utilizing Brock Rowing's equipment and expertise. For information, contact Joe Dowd at 905/688-5550 ext. 4105, e-mail at jdowd@arnie.pec.brocku.ca, or visit the website at www.brocku.ca./rowing

Sweep Camps - Masters

Row-As-One offers women's masters sweep camps. Session One is June 23-28 at Mount Holyoke College in South Hadley, MA for Learn to Row, Novice and Intermediate rowers, and the week of July 7th for Intermediate and Advanced rowers. Cost is \$900 for a week of camp, includes housing, meals, massage and fitness evaluation. They have sweep as well as sculling programs. Visit **www.rowasone.org** for more info.

NIKE Rowing Camps for women's and co-ed masters are being held at the newly-renovated Saugatuck Rowing Club in Westport, CT. Athletes have access to a large Vespoli boat selection, a state of the art weight room, and a top rated restaurant. Coaches include John Leonard, Nicoleta Mantescu and James Mangan. SESSION I from May 31-June 2 is co-ed for any novice rower with less than one year of racing experience. SESSION II from July 12-14 is women-only, all experience levels. SESSION III from September 13-15 is pre-head race training for all experience levels. Cost is \$350. Call 1-800-645-3226(NIKECAMP) for more information or visit www.ussportscamps.com.

Sweep Camps - Juniors Wisconsin Junior Women's Rowing

Camp in Madison, Wisconsin is open to beginning and experienced high school rowers and coxswains. SES-SION 1 is June 23-29th and is recommended for rowers with 2+ years experience. SESSION II is July 7-13. Costs range from \$550 to \$400, depending if resident, returning or day camper. Includes housing (if camper), meals, equipment, coaching and T-shirt. Contact Laura Macfarlane at **608/265-8677** or **Imm@athletics.wisc.edu**.

midwest coaching positions

Lincoln Park Asst. Women's Coach

Candidate should have collegiate or equivalent rowing experience. The LPBC-WT Head Coach is Jonathan O'Connell and currently practices are scheduled 4 times/week. Additional practice times will be added. Contact Jen "Nif" Nelson, jnelson@flsg.follett.com

Denison Univ, OH Head Coach

Seeking experienced head/varsity coach in central OH. Must have prior experience; DU has 50+ enthusiastic members and trains 5 days a week. Volunteerposition, but a jump start to a coaching career. Website www.denison.edu/ clubs/crew for more info or contact Cleven_B@denison.edu.Position opens

Camps - continued

NIKE Rowing Camps offers a Beginning Rowing camp, a High School camp for youths with one year of rowing experience, and a High Potential camp for students who seek to row on a college team. Campers have round-the-clock supervision, and receive 3-4 hours of on the water training in fours and eights, video analysis of technique, erg training sessions, strength training sessions, a camp T-shirt and evening activities. Most camps are co-ed, some are girls-only. All housing and meals are included, and a "day camper" option is also available. Locations are:

EAST:

U. of Pennsylvania - Philly Syracuse U. - New York U. North Carolina-Chapel Hill Fairfield U. - Connecticut Colgate U. - Hamilton NY **CENTRAL:**

Kansas State U. - Manhattan KS Drake U. - Des Moines, IA **WEST:**

Stanford U. - Palo Alto, CA

early August for fall 2002 season.

Grand Rapids Summer Coach

Seeking individual who can assume coaching, some admin tasks for the summer rowing programs. Paid, part-time position (about 25 hours/week). Want someone with college rowing experienc and who is energetic and organized. Please contact Carol Beernink at (616)949-9264; wannarow@aol.com.

Notre Dame HS Women's Coach

Successful Toledo girls H.S. program seeking Head Varsity Coach. Contact Pam Edgel, Athletic Director, Notre Dame Academy, 419/475-9359.

St. Ignatius College Prep - Chicago

Established, supported program for

boys and girls seeks coaching assistance, novice and varsity. Contact Kevin Krakovsjy, ICCKevin@aol.com.

Loyola Academy, Chicago Coach

Seeks boys and girls coaches for established winning program. State of the art boathouse and training facility. Contact Jack O'Callahan, 847/835-5551 or beanpot@chicagonet.net.

U. of Iowa Men's Assistant

Iowa City men's program seeking seasoned rower who preferably has coached before to coach or be an assistant to the club. Goal of this individual to create positve relationships with alumni, parents and the rowers. Contact David Cerne at david-cerne@uiowa.edu **HS!**

Loyola Marymount - Los Angeles U. California-Berkeley

U. California - San Diego

Lewis and Clark College, Portland

Depending on the camp location, cost for a week of resident camping ranges from \$415 in Kansas to \$600 in North Carolina. Call **1-800-645-3226** (NIKECAMP) for more information or visit **www.ussportscamps.com**.

All-American Juniors Camp for Sweep and Sculling Bloomington, Indiana, June 23-27 on the Indiana University Campus. Coaches: will be Jim Dietz, Mark Wilson, Greg Kruczynski, and Robert McCracken. The camp features stroke fundamentals, plenty of water time, a positive camp experience, off water training and a chance to meet other rowers from around the country. Counselors will be current college rowers so campers can see what rowing in college is all about.

The week will feature three rowing and video review sessions, daily discus-

sion about racing, training, nutrition, weight room sessions with the IU strength coach. All meals are provided at the boathouse or on campus at the dining facility. Cost is \$450 for the week and ground transportation from Indianapolis is included. Contact Mark Wilson at 812-856-4485 or wilsonmr@indiana.edu or visit www.allamericanrowingcamp.com

U. Michigan Juniors Sweep Camp, Saline, MI, July 28-August 2 for beginners and experienced boys and girls age 13 to 18. Coached by U. Michigan Women's Head Coach Mark Rothstein (Collegiate Rowing Coaches Association 2002 Division I Coach of the Year), Greg Hartsuff, U. Michigan Men's Coach, and Karen Smyte, UM Assistant Women's Coach. Resident Camp \$560, Commuter Camp \$410. Call 734.657-5695, e-mail rowingcamp@umich.edu, or download the application form at mgoblue.com/camp/#rowing HS!

May

way			
10-12	Princeton Int'l Invitational	Mercer Co., NJ	princetonregatta.org
11-12	Avaya Collegiate Chmpshps.	Mercer Co., NJ	princetonregatta.org
11-12	MW Scholastic Chmpshps	Stony Creek, MI	regattacentral.com
18	Culver Regatta (HS)	Culver, IN	weaserg@culver.org
18	Mercyhurst Prep Invite	Erie	
18-19	MW Junior Chmpshps	Cincinnati	midwestjuniorrowing.org
31-1	NCAA Women's Chmpshps	Indianapolis	iuhoosiers.com/ncaa/rowing
June			
1	Minnesota Rowing Classic	St.Paul	boatclub.org
8-9	USRowing Youth Invitational	Cincinnati	usrowing.org
15	Tulsa Sprints	Tulsa, OK	judy.fisher1@home.com
15	Waterloo Sprints	Waterloo, IA	cedarnet.org/wrc
22	Ecorse Invitational	Ecorse, MI	geocities.com/ecorserowing
29	Gateway Regatta	St.Louis	slrc.net
July	2 0		
13	Grand Regatta	Grand Rapids	grrowing.org
13	Duluth Invitational	Duluth, MN	girowing.org
13	Keystone State Masters	Pittsburgh	threeriversrowing.org
13 20-21	Chicago Sprints	Chicago	lpbc.net
20-21	USRowing Nationals	Camden, NJ	usrowing.org
	0	Ganiden, Nj	usrowing.org
Augus			_
3	ToLanAnn Tri-Meet	Ann Arbor	a2crew.com
4	Midwest Masters Regatta	Indianapolis	usrowing.org
7-11	Royal Canadian Henley	St.Catharine's	vaxxine.com/henley
15-18	USRowing Masters Nationals	Ocoquan, VA	usrowing.org
23-25	99th NW Int'l Regatta	Minneapolis	mplsrowing.org
24	Lake Arthur Regatta	Pittsburgh	threeriversrowing.org
30-1	Canadian Masters Nationals	Ontario	krc@kenora.com
Septe	mber		
5-8	FISA World Masters	Czech Republic	racicemasters2002.cz
14	Head OT Clinton	Mt.Clemens, MI	586.468.1411
21	Head OT Cuyahoga	Cleveland	wrra.cc
21	Milwaukee River Challenge	Milwaukee	milwaukeeriverchallenge.com
28	HeadOTLicking	Cincinnati	cincinnatirowing.com
28	Head OT Des Moines	Des Moines	desmoinesrowing.org
29	Chicago Chase	Chicago	chicagochase.com
29	Five Rivers Fall Regatta	Dayton	daytonrowing.org
Octob	er		
5	Head OT Mississippi	Minneapolis	mplsrowing.org
5	HeadOTOhio	Pittsburgh	threeriversrowing.org
5	Lemonhead Regatta	Bloomington, IN	wilsonmr@indiana.edu
6	Tail of the Fox	Green Bay	leier@stsconsultants.com
6	Iron Oars Marathon	Chicago	chicagorowing.org
9-13	World Masters Games	Australia	2002worldmasters.org
12	Frogtown Races	Toledo	toledorowing.org
12	Quad Cities Rowing Classic	Moline,IL	qcra.org
12	Homecoming Chmpshps	Topeka	topekarowing.com
13	HeadOTRock	Rockford, IL	headoftherock.org
19-20	Head OT Charles	Boston	hocr.org
27	Jack Speakmon Regatta	Columbus	columbusrowing.org
27	HeadOTElk	Elkhart, IN	regattacentral.com
27	HeadOTIowa	IowaCity	kendra-wieditz@uiowa.edu
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Midwest Rowing Calendar

November

3 Regatta 2002 (2.5 miles) Wyandotte MI wyandotteboatclub.com

December

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5-7 USRowing Convention Washington DC usrowing.org